

Theme: Children and Young People's Mental Health

Present	
David Murphy (chair), Reigate Stepping Stones Charis Easter, CCVS Sarah Esterman, SEAP Thomas Taylor, Sussex Oakleaf Fatima Mirza, Relate Kath Brooks, WSCC Alison Gates, DWP, Crawley Jilly Robins, DWP, Horsham Adam Wicking, Crawley Town Community Foundation	Brian Churchard, West Sussex PAT Working Age Gail Reeves, West Sussex PAT Working Age Paula Stoleru, RCSAS Malcolm Nicholas, Crawley Open House Nerys Cookson-Williams, MIND Stina Borman, CHMS CCG Julie Whittingham, CHMS CCG Dionne Crooknorth, CBC Carly Jenkins, Southdown
Apologies	
Rosie Mercado, STCH Gillian Robins, DWP Greta Jarvis, Turning Tides Julia Harrison, YMCA Downslink Val Murphy, Reigate Stepping Stones Nicki George – IPEH Lawrence Wintergold – Sussex P/S Foundation	Raj Jhamat, Rethink Lyn Suter, Lifecentre Bernie Butler, Carers Support Heather Eves, Autism Support Janet Flannagan, Autism Support Heather Doughton-Pearch – STCH

1. Welcome and introductions

David welcomed everyone to the forum and everyone introduced themselves.

2. Minutes and Matters Arising

The minutes were accepted and there were no matters arising.

3. Presentations

Sarah Esterman gave a presentation on Advocacy – presentation attached.

4. Themes for Future Forums

- Social Prescribing
- Therapeutic Support – Complex Needs
- Counselling
- Mental Health Commissioning
- Sustainability and Transformation Partnership
- Benefits – for e.g. Universal Credits, PiP
- Time to Talk Health

5. Organisation updates

Prevention Assessment Team -

<https://www.sussexcommunity.nhs.uk/services/servicedetails.htm?directoryID=16331>

- Increase in referrals although less of a fit for the service
- 6-8 week waiting list
- Signposting out to other organisations
- Assessing under the Care Act
- Doing outreach
- Level of complexity has increased enormously
- 2 year wait for autism assessments

Sussex Oakleaf - <https://www.sussexoakleaf.org.uk/>

- Waiting times have reduced
- Full capacity of staffing – new Recovery Worker in place and new Young Person's Recovery Worker due to start
- New Volunteer Coordinator
- Funding for 14+
- More peer mentors in place
- Advice and Info session every 2 weeks, alternates between Broadfield then Crawley Library

RCSAS - <https://www.rcsas.org.uk/>

- Women's groups – monthly
- FGM groups – Peer Support
- Funding for Workshop – Gender and Consent for Women
- Impact of Domestic Violence – work on myths
- Outreach worker at Pathfinder, 1st Tuesday of each month, Crawley Library

Crawley Open House - <https://www.crawleyopenhouse.co.uk/>

- Homeless Hostel and Day Centre
- Agencies can refer and individuals can self-refer
- Health Team – help with substance misuse, mental health and physical health
- Complex needs – finance, mental health, housing and substance misuse

MIND - <https://www.mindcharity.co.uk/services/services-in-west-sussex/advocacy/>

- Community Advocacy Service
- Can help with benefits and housing
- Will attend meetings and assessments with clients
- 6-8 week waiting list
- 4 full time advocates across West Sussex and 2 part time advocates

CCG's – North West Sussex - <https://www.horshamandmidsussexccg.nhs.uk/>

- Stina new in post but happy to present to forum when settled in to her new role

Mental Health Commissioning - <https://www.coastalwestsussexccg.nhs.uk/mental-health-resources>

- Julie is leaving at the end of March
- Services that are commissioned by the CCG – Inpatient Services, Pathfinder, Time to Talk, Time to Talk Health

Relate - <https://www.relate.org.uk/sussex/crawley-relate>

- Subsidise 42% of clients – means tested

- Cover all relationship issues
- Young People aged 10-19
- Are part of Young Crawley Credits
- They have 20 counsellors
- 32% increase in Young People's counselling
- 6-8 week waiting list

WSSC - <https://www.westsussex.gov.uk/>

- Health and Wellbeing Market Place event for older people – Thursday 14th March, Horsham

JCP - <https://www.jobcentreguide.co.uk/crawley-jobcentre>

- Change, Grow, Live – coming fortnightly into JCP, starting March
- Occupational Health Professional – for Mental Health and Long Term Health Conditions is in Crawley 2 days per week.

Southdown Housing - <https://www.southdown.org/>

- Provide supported housing
- Co-located workers
- The proposed cuts from WSSC will affect support and the full extent isn't yet known so business as usual
- Mental Health complex needs – support will be affected by cuts

Community Town Foundation Trust - <https://www.ctcommunityfoundation.com/>

- Move the Goalpost – football and wellbeing programme – has 25-30 people attending the Crawley sessions
- Expanding Move the Goalpost to Burgess Hill at The Triangle, Thursdays at 10am – 12pm

Tenancy Support – CBC -

http://crawley.gov.uk/pw/Homes_and_Housing_Services/Council_Housing_-_for_tenants/Managing_Crawley_s_Homes/TenancySupport/index.htm

- Universal Credits roll out has meant arrears with housing, supporting with claims, appeals and assessments and debt.

Date of next meeting – Wednesday 8th May – 10am – 12pm
The Charis Centre