

Sasbah E-News June 2019

Welcome to this month's Sasbah E-News.

Community Development Activities Update

When you need to get in touch about any of these activities please call Claire on 07920576313 or email claire@sasbah.org.uk. Look forward to hearing from you!

Volunteers' Week

Saturday 1st – Friday 7th June sees a whole host of events and activities celebrating volunteering. Horsham District Council is hosting a Volunteer Tea Party on Tuesday 4th, from 2 – 5pm at Billingshurst Library, where local volunteers are invited to join the celebrations and, most importantly, eat cake! If you'd like to go, email volunteering@horsham.gov.uk. Below we give details of events where Sasbah will be represented with information stands and we send our sincere thanks to all those who volunteer for us, whether on a regular basis or just now and then. Your contributions add so much to what Sasbah is able to achieve. **Thank You!**

Forthcoming Events:

- ✚ **Monday 3rd June – Volunteer's Week Community Matters Event** from 11am – 2pm at St John's Church in Burgess Hill. Mid Sussex Voluntary Action is running several of these events for Volunteer's Week and Sasbah has an information stall here run by a couple of our very active volunteers. The Church Café will be open. This is a free event - see the attached flyer for more details.
- ✚ **Thursday 6th June - Volunteer's Week Community Matters Event** from 11am – 2.30pm in the United Reformed Church Hall in Haywards Heath. Once again some of our busy volunteers will be running an information stall for Sasbah. A variety of local organisations will have stands – see the attached flyer for more information.
- ✚ **Sunday 9th June – Burgess Hill Summer Fayre** in St John's Park from 11am to 4pm. This event aims to showcase community groups in the town and celebrate all Burgess Hill has to offer. It is part of the Summer Festival 2019. Our Mid Sussex group will be running a stall for Sasbah and would be delighted to hear from anyone who would like to help out on the day. In the first instance contact claire@sasbah.org.uk.
- ✚ **Saturday 29th June – Ark Little Ridge School Fair.** Once again the Rivers family will be running an activity to raise funds for Sasbah. If you know of a local event and would like to run a stall or activity, do get in touch with your ideas!
- ✚ **Saturday 20th July – Summer Social in Burgess Hill.** Tony Balsdon is hosting a garden party from 3pm with afternoon tea. All welcome! Contact Claire for more information.

Sasbah Golf Day 2019

The 26th annual Sasbah Golf Day will take place on **Tuesday 23rd July at West Kent Golf Club** in Downe, near Orpington. We are inviting individual entries or

teams of 4 at £60/£240 which includes coffee and bacon roll to start, 18 holes of golf and a two course dinner. Guests can join us for dinner and the prize giving at £15 per head. The invitation is attached. Please do pass it on to any golfers who may be interested. Contact Claire for more information.

Collections

Please do get in touch if you are able to help out on either of these days;

- ✚ **Saturday 6th July** **Crawley Street Collection**
- ✚ **Saturday 31st August** **Burgess Hill Street Collection**

If you want to get out more, get involved with activities or meet up with friends, our local groups are ideal. Check out the details below of where and when groups meet. If you have any queries or would like more information contact Claire on 07920576313 or email claire@sasbah.org.uk.

- ✚ **Crawley & Horsham Group** meets in the community room at **Starbucks**, 12/13 Queens Square, Crawley, RH10 1DY on the second **Wednesday** of the month from **12.30 – 2.30pm**. So that will be **12th June** and **10th July**. If you have any queries you can contact Lisa on 07725433136 or email lisa@sasbah.org.uk.
- ✚ **Hastings & Rother Group** meets on the first Friday of the month from 12noon – 2pm at **Sidley Children's Centre**, 121 Ninfield Road, Sidley, Bexhill, TN39 5BD. But please be aware, if you haven't been before, that the entrance is in Turkey Road. Meetings include a light lunch and a raffle. Our next meetings are **7th June** and **5th July**.
- ✚ **Mid Sussex Group** meets in Burgess Hill, from **12 noon – 2pm**, at **Waitrose café**, on the fourth **Wednesday** of the month. So our next meeting is on **26th June** and then **24th July**. It has been good to welcome new members recently – do come and join this growing group!
- ✚ **Worthing Group** now meets from **12.15 – 2.15pm** on the third **Friday** of the month at **Starbucks**, 22-26 South Street, Worthing, BN11 3AA. So future dates will be **21st June** and **19th July**. **All welcome!** Lisa co-ordinates this group and you can contact her on 07725433136 or email lisa@sasbah.org.uk.

Dates and venues for all our Local Groups can be found on the Sasbah website at

<http://www.sasbah.org.uk/what-we-do/the-sasbah-local-support-group-network>

Social Programme

Please remember to book in with Lisa (07725433136) or Rom (07779038542) for any of the events below

West Sussex

June

Thurs 13th lunch at the Toby Carvery (The George) Worthing 12pm

Tues 18th Lunch at Wetherspoons (The Six Gold Martlets) Burgess Hill, 12pm

Thurs 20th Pub Quiz, North Star, Worthing. 8pm.

Mon 24th Bowling and lunch, Hollywood Bowl, Crawley 12pm-3pm

East Sussex

June

Wed 5th Decorating Gun Hill with Marks & Spencers volunteers, all day if anyone wants to come and help.

Sat 8th Lunch Harvester – Sovereign Harbour, Pevensey Bay, meet Midday

Thurs 20th The Best of Queen, Congress Theatre, Eastbourne, meet 7pm, £13 each

Sat 29th Shopping & lunch, Bexhill, meet 11am

Sasbah Office

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