



# Autism Support Day



	<b>Tuesday 7<sup>th</sup> May 2019</b>
	10:00 am to 3:30 pm (Doors open at 9:45 am)
	<b>Manor Green College, Lady Margaret Road, Ifield, Crawley RH11 0DX</b>

**Ploughmans Available (if Pre-ordered) £3.00**



**\* Over 30 Stands \***

**FREE EVENT  
All Welcome!**

## Workshops and Presentations Available

## Times

**“We are proud to present ROBYN STEWARD as our GUEST SPEAKER”**



**10:00 to 11:00 am**

**Workshop on ‘Autism Friendly Guide to Periods’**

**1.30 – 2.30pm**

### Paul Isaacs

**Looking at Autism Differently; as a Fruit Salad** - Polly Samuel's (Donna Williams') analogy of Autism, is fantastic. It has answered a whole host of questions about how my Autistic mind works. As well as the names and meanings of all the different pieces of my Autism and how I'm affected by them.'

**11:15am – 12:15pm  
and  
1:30pm – 2:30pm**

### Autism and Social Communication Team

Workshop 1 - **Developing Self-Regulation**  
Workshop 2 - **Promoting Socialisation**

**11:15am – 12:15pm  
1:30pm – 2:30pm**

### City University Research

**Sebastian Gaigg- Anxiety in Autism:** (Current Evidence and Implications for Practice) – This workshop will provide an overview of what is currently known about the causes of high levels of anxiety in autism and about the strategies that can often be effective in managing it.

**11:30am – 12:30pm  
and  
1:30pm – 2:30pm**

**Prof. Dermot Bowler & Dr Amanda Roestorf – (How can we support learning in autism?)** This workshop will provide an overview of what is currently known about learning in autism, focussing particularly on the strategies that can be used to promote learning.

### Aspens

**Gaming and Addiction** - Is your son or daughter addicted to gaming? This workshop is designed to help parents and carers understand how much gaming affects a young person's brain. We hope to teach parents and carers how to strike a fair balance between encouraging interests and strengths with inflexible and addictive behaviour patterns.

**11:30am – 12:30pm  
and  
1:30pm – 2:30pm**

### West Sussex Parent Carer Forum

**Transforming Care Workshop** - Ensuring people with a Learning Difficulty, Autism or both, with behaviour that challenges or a mental health condition. This workshop will cover all the language and processes around Transforming Care including Dynamic Support Register, Care & Education Treatment Reviews (CETRs), Annual Health Check, STOMP, Positive Behaviour Support, Legal Advocacy, Mental Capacity, DOLS and who to contact for support in West Sussex.

**11:15am – 12:15pm  
and  
1:30pm – 2:30pm**

### Jigsaw OT - Sensory Modulation and Sensory Motor Challenges

Sensory Processing is the body's ability to receive sensory information into the nervous system, process this information and then respond appropriate response. Difficulties with sensory processing can affect every aspect of a child's functioning including their ability to get dressed, to throw and catch a ball, attention within the classroom and engaging in appropriate social relationships. Jigsaw Occupational Therapy explores what a sensory modulation and a sensory based motor disorders, whilst looking at the most recent literature and evidence in this field.

**11:30am – 12:30pm  
and  
1:30pm – 2:30pm**

### Dimensions

**Transition** – the move from child to adult services - Dimensions is one of the UK's largest not for profit organisation supporting people with learning disabilities, autism, challenging behaviour and complex needs from 18 years upwards.

**11:30am – 12:30pm**

### Nicole Goodman

**Sensory Processing** - To help you understand the sensory differences experienced by individuals with an ASD, and to help you to be aware of the challenges associated with these differences.

**1:30pm – 2:30pm**



\* Lunchtime Entertainment from **“Liam McMath” & “Robyn Steward”** \*



### 1:1 Surgeries Available from the following Organisations/People:

- Robert Hayes (Welfare Advisor)
- Katherine Miller (Wills & Trusts)/Childs Trust Funds advice
- Educational Psychologist
- SEND Information, Advice & Support Service
- Nicole Goodman – Autism Behaviour Specialist

**Please pre-book your place on any of the Workshops or 1:1 Surgeries by contacting:**

**Sam Bryant** on: [sbryant@mgcollege.co.uk](mailto:sbryant@mgcollege.co.uk) or via the office on **01293 582 111**

**\*\*\* Please allow Additional Time for Parking, as you will not be able to park onsite \*\*\***