



## NEWSLETTER

Member Groups—in their own words

Spring 2018

Rivers LPC is a local women's charity run by local volunteers. Rivers works mostly with vulnerable women who are less likely to approach established or formal institutions for help, usually due to the woman's social or economic situation.

Rivers aims for social inclusion, provides support with tools and resources so these women can live a more fulfilling and independent life within the local community.

Rivers LPC has a learning programme and a SPACE programme. SPACE connects clients with already established local public services, support, charities and organisations acting as a point of contact for all women.

### How can we help?

We pride ourselves on being accessible from first contact, and we operate informally and flexibly. We don't have waiting lists and we work with our clients for as long they need us. This makes us well placed to provide support to those who may be receiving input/treatment from other specialist local services. Not only do we assist to access these services, but we are able to support our clients throughout and once they are discharged from those teams.

We have organised visits with local employers, council services, police and community facilities to develop a meaningful relationship with the wider community. We are broadening their daily lives and helping them establish a sense of belonging within their communities.

A key focus for Rivers is supporting our clients to work towards becoming 'mentors' for new clients who join us. We encourage our clients who have accessed our programmes to use those skills to give back to others through volunteering. This enables them to take leading roles in further projects contributes to continuing their development. Rivers supports the creation of role models, and this has had such a positive impact on the women we work with. Valuable investment from local women, for local women, serving a genuine and authentic purpose.

You can contact Rivers on 07539995328 or at:

[contact@rivers-space.org.uk](mailto:contact@rivers-space.org.uk)

[contact@riverslpc.org.uk](mailto:contact@riverslpc.org.uk)



<http://www.rivers-space.org.uk/>



<http://riverslpc.org.uk/>

## INFORMATION—Funding, awards and support

How would your charity like a portion of the millions of pounds that UK shoppers spend online every year?

**Give as you Live** offers your supporters a way to raise FREE funds for your charity when they shop online at 4,200+ leading retailers including Amazon, eBay, John Lewis and Sainsbury's.

Their new collective energy switching scheme not only allows your supporters to save up to money on their energy bills, they can generate funds for your charity each time they switch. More details about these schemes are available at: <https://workwithus.giveasyoulive.com/>

### Legal documents

Charity Lawyers, BWB Get Legal has created a range of top-quality, affordable legal documents, available to download and customise to your specifications. Every document has been drafted by it's expert solicitors.

It has also created a bundle of employment documents in the form of a Staff Handbook. This is priced at £180, and purchasing the handbook saves you £90 compared to purchasing the individual documents. The Handbook includes nine essential employment documents, available for you to customise and download to your specification. You can read more about this offer at <https://getlegal.bwbllp.com/>

On 1 January 2018, new rules came into force allowing charitable companies to convert into charitable incorporated organisations, or CIOs.

The CIO is a legal form designed especially for charities. Like charitable companies, CIOs are incorporated, but they only need to register with the Charity Commission and not with Companies House. The CIO was introduced as a legal form in 2013 and now accounts for over half of new charity registrations.

Up until now, charitable companies wishing to convert to CIO status have needed to go through a cumbersome process involving the creation of a completely new legal vehicle. The new conversion mechanism allows charitable companies to change their legal status to that of a CIO using a relatively straightforward procedure, involving two members' resolutions and an application to the Charity Commission. Following conversion, the charity retains its legal personality. This means it keeps its registered charity number, and generally speaking its legal relationships will be unaffected. Its registration with Companies House is cancelled and it will no longer be governed by company law.

If you are considering this conversion, including the advantages and disadvantages of CIO status, the Crawley CVS Groups Advisor Karl Parks will be able to offer you support and guidance with your application. You can contact him on 01293 657158 or at [karl.parks@crawleycvcs.org](mailto:karl.parks@crawleycvcs.org)

<http://www.pimpmycause.org/> is a website for any charities looking for free help with marketing, graphics or web design. We have been told of a group who used them to find people to design their publicity. They also found a marketer who carried out some market research and went on to sponsor an event the group had planned.

A team from a Crawley based lawyers company is interested in team volunteering opportunities, and is also thinking about offering pro bono legal advice in the Crawley area. They would prefer to work with smaller charities and groups who don't have the budget for lawyers/consultants. If you would be interested in learning more about this offer, do get in touch with Elaine Illingworth at Volunteer Crawley on: 01293 657145 or at: [volunteering@crawleycvcs.org](mailto:volunteering@crawleycvcs.org)

## Crawley CVS—Information



### CCVS Funders Event

#### Get to know the Funders

This is a unique opportunity to hear from, meet and network with both national and regional major funding providers.

Hear direct from the following funders about their current funding priorities and practical tips for making successful applications:

**Sussex Community Foundation** – who offer a range of grants to local charities and community groups across West Sussex.

**Children In Need** – who offer small and main grants to organisations supporting disadvantaged children and young people in the UK. (One to one appointments with the representative will be offered over the lunchtime period).

**Heritage Lottery Fund** – whose small grant programmes help people across the UK explore, enjoy and protect the heritage they care about.

**Big Lottery Fund** – whose Reaching Communities England programme fund projects that help people and communities most in need.

Information stalls from funding providers plus other organisations, will also be available.

DATE	Thursday 29th March
TIME	9am-3pm
PLACE	K2 Crawley, Pease Pottage Hill, Crawley, RH11 9BQ
COST	£6.50 for CCVS Member Organisations
	£12.50 for CCVS Friends, Non-member and Non-voluntary and community sector organisations
Places are limited to two per organisation.	

#### TO BOOK A PLACE

visit: <https://ccvsfundereventmarch2018.eventbrite.co.uk>

#### FOR MORE INFORMATION:

contact Karl Parks on: 01293 657000, at [karl.parks@crawleycvvs.org](mailto:karl.parks@crawleycvvs.org), or visit: [www.crawleycvvs.org](http://www.crawleycvvs.org).

### Changes to who will be disqualified from becoming a trustee or senior manager of a charity.

People with unspent convictions for fraud or who are under investigation by the Charity Commission are already disqualified from becoming trustees, but from August 2018 the list reasons for disqualification will be increasing and will also disqualify people from holding senior positions at a charity - unless they apply for a waiver. The advice from the commission is to check now whether these changes will affect your anyone in your organisation. There could be a number of reasons why your organisation might feel a waiver is appropriate - for example if you deal with the rehabilitation of offenders it is likely you would actively want trustees with personal experience of the criminal justice system. You can get more advice from the Charity Commission or from the charity Unlock [www.unlock.org.uk/charityrules](http://www.unlock.org.uk/charityrules)

### Information Commissioner's Office Publishes Guide to GDPR

No doubt you are aware that the General Data Protection Regulation will be coming into effect from May 2018. In preparation for this, the ICO has published its Guide to the General Data Protection Regulation, you can download a copy at: <https://ico.org.uk/for-organisations/guide-to-the-general-data-protection-regulation-gdpr/>.

This guide includes expanded sections on using consent to process personal data, contracts and possible liabilities and explains the provisions of the GDPR to help organisations comply with its requirements. It is for those who have day-to-day responsibility for data protection.

Some groups have already contacted CCVS about training for the GDPR, if you would like us to arrange a course, please get in touch with Diane Ruban on 01293 657000 or at [info@crawleycvvs.org](mailto:info@crawleycvvs.org)

**Visit: [www.crawleycvvs.org](http://www.crawleycvvs.org)**

## INFORMATION —Welcome to new member groups

At the recent Crawley CVS Board meeting, our trustees approved the membership applications for the following groups, their contact details are listed if you would like to know more about them:

DIVERSECrawley <http://diversecrawlley.org.uk/>

Over 50 Skill Swap Club <https://over50skillswap.co.uk/>

Montefiore Institute Management Committee

Horsham Child Contact Centre <http://www.horshamccc.org/>

The Lighthouse Project Crawley <http://www.lighthouseprojectcrawley.org/>

Over The Wall Children's Charity <http://www.otw.org.uk/>

Corporate supporters or statutory organisations can apply to become a friend of CCVS, they receive the same benefits of membership but are not eligible to vote at our AGM or nominate trustees to our board. Horsham District Council have successfully applied to become a friend of CCVS.

If you would like to learn more about becoming a member of Crawley CVS you can read about it at: <http://www.crawleycv.org/membership.php> or contact Diane Ruban on 01293 657000.



## CONSULTATIONS

### **Voluntary and Community Sector Infrastructure (VCSI) support**

West Sussex County Council and partners in the NHS and District and Borough Councils would like to gain a deeper insight into the needs of the Voluntary and Community Sector (VCS) and to gather your views on the current Voluntary and Community Sector Infrastructure (VCSI) support. By understanding more about the variety, range and size of the VCS and the challenges you are facing they hope to be able to better utilise their funding and resources to meet local need when they commission VCSI support in future. They would very much appreciate you taking time to complete the online survey below which shouldn't take any more than 5-10 minutes of your time, the link is available at <https://haveyoursay.westsussex.gov.uk/human-resources/v-cs>.

### **Crawley Growth Programme**

No doubt you are aware there's a massive regeneration programme being planned in Crawley - The Crawley growth programme (see <http://www.regeneratingcrawley.org.uk/> for details). As part of this Crawley Borough Council and West Sussex Country Council would like to find out which charities are using space in the town centre and how you would like to access the town centre in future and would appreciate if you could you take a few minutes to complete the following questionnaire: <https://www.surveymonkey.co.uk/r/TN39RSD>

## INFORMATION

The **Crawley Skills Swap** has recently gone live. We are planning on updating the menu every quarter (January, April, July and October) and would like to add new organisations at this time. The network members have asked for training and awareness sessions in several areas including the following:

- Supporting people with autism into employment
- Benefits and housing advice
- How to handle sensitive disclosures
- Working with clients with learning disabilities
- Engaging with BME communities

If you have knowledge you would be willing to share around these or other areas, we'd like to hear from you. Do get in touch with any thoughts or questions. Otherwise we look forward to hearing more about your offer, and what you'd like to see on the Skills menu... Contact Lisa Phillips, Partnerships Manager on: 01293 657011 or at: [lisa.phillips@crawleycvs.org](mailto:lisa.phillips@crawleycvs.org)

## CCVS FORUM NEWS

### Dates for next forums

Volunteer Managers—Thursday 15<sup>th</sup> March 10am—12pm Longley Room, The Orchard

Crawley Housing & Homelessness—Thursday 15<sup>th</sup> March 2pm—4pm Crawley Baptist Church, Crabtree Road, West Green Crawley

Crawley Older Person's—Monday 16<sup>th</sup> April 2018 10am—1.30pm Longley Room, Crawley Library

Young Crawley Children & Families —Tuesday 24<sup>th</sup> April 2018 10am—1pm Longley Room, The Orchard

Mental Health—Wednesday 9<sup>th</sup> May 2018 10am—12pm Longley Room, The Orchard

Crawley Community Safety—next briefing for Front Line Workers to be confirmed

If you would like to learn more about CCVS forums please contact Diane Ruban on: 01293 657000 or at [diane.ruban@crawleycvs.org](mailto:diane.ruban@crawleycvs.org)



### Are you following CCVS on Facebook and Twitter?

We are building up our Facebook Page to include feedback from Forums, local news and events and national information relevant to charities. Please like our page Crawleycvs, then in “following” tick “see first” so that Facebooks algorithms will keep you updated. We are also tweeting live from each of our forums using the hashtags #youngcrawley #crawleyolderpeople #crawleyhousingandhomeless #crawleymentalhealth #crawleyvolunteer and will be happy to follow your organisation in return and share your information. (if this all means nothing to you, please contact [diane.ruban@crawleycvs](mailto:diane.ruban@crawleycvs) if you would like us to arrange some training).

## VOLUNTEER CRAWLEY

### **Crawley Volunteer Recruitment Fair – Wednesday 13<sup>th</sup> June**

#### **Book a place for your organisation now**

Charities and community groups in Crawley are invited to set out their stalls and meet with potential volunteers at this event.

The Crawley Volunteer Recruitment Fair will be attended by people who live or work in Crawley and surrounding areas. They will have a wide variety of interests, skills, backgrounds and reasons for volunteering, but they are all interested in finding an opportunity to volunteer and support their community. This is your opportunity to let them find out about the experience of volunteering with your organisation, the vital work that you do in Crawley, and how they can join you and help to make it all happen.

We aim to offer attendees lots of inspiring ideas, a real flavour of the experience of volunteering in a variety of charities and community groups, and the widest range of opportunities so that there is something for everyone. Many organisations have already signed up to attend, but we have space for more, and would love to include your organisation as well.

The Volunteer Recruitment Fair will start at 10am and finish at 6.30pm, so that people who have work or other commitments in the daytime can also join in – perhaps popping in on their way home.

**To book a place, or to ask any questions, please contact Elaine at Volunteer Crawley.**



### **Could you host a journalist in Volunteers Week 2018?**

#### **Share the experience of volunteering for your charity or community group**

At Volunteer Crawley, we are busy making preparations to celebrate Volunteers Week during 1<sup>st</sup>-7<sup>th</sup> June. We would love to give a journalist a day of volunteering in Crawley, to see close-up the fantastic work that volunteers do in charities and community groups throughout the year. Volunteer Crawley will plan a day of volunteering for a journalist – packed with a variety of different experiences.

**We need you to help us to make this happen.** Please contact Elaine at Volunteer Crawley if you would like to offer a volunteer experience of 1-3 hours for a journalist on any day from Friday 1<sup>st</sup> June to Thursday 7<sup>th</sup> June 2018.

Any questions? Please get in touch with Elaine at Volunteer Crawley.



*If you would like more information about volunteering, contact Elaine Illingworth at Volunteer Crawley on: 01293 657145 or at: [volunteering@crawleycvs.org](mailto:volunteering@crawleycvs.org)*

## INFORMATION —Events & workshops



Cultural Cooking  
Demonstrations

Come chat, cook and eat – FREE ENTRY

Come join us!

At the Hub

High Street, Crawley.

RH10 1BQ

11 a.m. to 1 p.m.

- Monday 5<sup>th</sup> February
- Trial demonstration of Caribbean Food

And

- Monday 2 April
- Chagossian Food

Contact: Marilyn, Tel: 07709821741



Surrey and Sussex Healthcare  
NHS Trust

### Let's Talk TB: for non-health professionals working with those at risk of Tuberculosis (TB)

A free information evening about tuberculosis, open to anyone working within Crawley community.

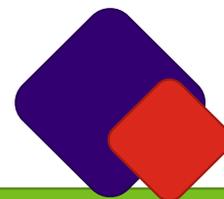
#### An opportunity to:

- Learn about TB
- Discuss TB within Crawley
- Understand the steps to take to reduce rates
- Gain one to one advice on TB within your organisation

Join us on **Wednesday 21 March 2018**, from **5 - 6.30pm** at the **Bill Buck Room, Crawley Library**.

#### Contact us

Surrey and Sussex TB Team  
Crawley Hospital  
Tel: 01293 600 300 x4014  
ssx-tr.tbnursescrawlley@nhs.net



Putting people first  
Delivering excellent, accessible healthcare

Refugees Welcome—Crawley are holding their AGM and Welcome Meal on Tuesday 27<sup>th</sup> March at Crawley United Reform Church - Worth Park Avenue, Pound Hill - a five minute walk from Three Bridges Station at 7pm. Please bring food to share and you can be sure of a big welcome. Their welcome meals are the focal point of their community welcome. Please let them me know on [RWCanna@gmail.com](mailto:RWCanna@gmail.com) if you can come

**Military Memories Tea Party** is a free event for all RAF veterans, their families and anyone who has an interest in the RAF. The event from 2.30pm – 4pm Thursday 5<sup>th</sup> April is being held at Crawley Library, Southgate Avenue RH10 6HG.

There are a limited number of spaces, if you'd like to come please contact 0330 22 23883 or: [ArmedForces@westsussex.gov.uk](mailto:ArmedForces@westsussex.gov.uk) or write to: West Sussex County Council, FAO Sally Manning, Parish & Town Councils and Local Governance Team, Room 237, County Hall, West Street, Chichester PO19 1RQ

#### Other dates for your diary

- 28<sup>th</sup> March—Crawley Interfaith Network talk about “Politics and Religion” followed by a Q&A session. For more details contact Iyad Daoud at [iyadhdaoud@yahoo.co.uk](mailto:iyadhdaoud@yahoo.co.uk)
- 13 -15<sup>th</sup> April - Ifield Green Sikh Gurdwara are having a big celebration at the Crawley Gurdwara and would welcome members from all the voluntary organisations who may be interested in coming to learn about Sikhism or just to join in on the Sunday and see how they celebrate.

## TRAINING

**HAMSVA** offers a range of subsidised training opportunities for local voluntary and community groups. Upcoming courses include:

- 23<sup>rd</sup> April 2018—Lone Working
- 5<sup>th</sup> June 2018—Good Governance Trustees Roles and Responsibilities

For more details about their training courses including how to book your place, visit <https://www.hamsva.org.uk/training>

**Sussex Armed Forces Network** is running a further session of its Champions Training. It will be at Army Reserve Centre, Crawley on 16<sup>th</sup> May 2018. You can sign up at [scdt.admin@nhs.net](mailto:scdt.admin@nhs.net) or call 01273 403693. Please be aware places are limited and will be allocated on a first come first served basis. The deadline for registration is 11<sup>th</sup> May.

**STOPCSE** West Sussex Community Safety & Wellbeing Team and Barnardo's will be delivering a free introductory CSE awareness raising session on **AWARENESS DAY 18TH MARCH** Thursday 15<sup>th</sup> March 2018 from 10am - 12:30pm at Crawley Library. This two and a half hour course is for anyone who works with children or young people. To book a place either email [prevent.training@westsussex.gov.uk](mailto:prevent.training@westsussex.gov.uk) or use the direct link - [http://www.westsussexcpd.co.uk/courses/bookings/c\\_detail.asp?cid=16698](http://www.westsussexcpd.co.uk/courses/bookings/c_detail.asp?cid=16698)



Did you know that Crawley CVS is on social media, you can follow us on Twitter or read about our events on Facebook.

Just scan these codes into your smartphone to get started.



### Next Newsletter

Please e-mail or post any articles that you would like to appear in the next newsletter. We cannot guarantee that they will be printed, but we will do our best to accommodate you. Please e-mail: [info@crawleycv.org](mailto:info@crawleycv.org), or post your article to: The Orchard, 1-2 Gleneagles Court, Brighton Road, Crawley, RH10 6AD. The deadline for the next newsletter is Monday 21<sup>st</sup> May 2018.

### CCVS E-Bulletins

CCVS often has information to send by email to local voluntary and community groups that cannot be included in the newsletter due to timings. If you would like to receive a copy of our weekly email, Crawley Community Connect, you can sign up at <http://eepurl.com/WI9cL> or by scanning the barcode into your smartphone.



**ALTHOUGH CCVS TRIES TO ENSURE ALL INFORMATION IN THE NEWSLETTER IS ACCURATE, WE CANNOT ACCEPT LIABILITY FOR ANY ERRORS. PLEASE NOTE THAT VIEWS EXPRESSED IN THE NEWSLETTER ARE NOT NECESSARILY THOSE OF CCVS.**

Crawley Community & Voluntary Service, The Orchard, 1-2 Gleneagles Court, Brighton Road, Crawley, RH10 6AD Tel: 01293 657000 E-mail: [info@crawleycv.org](mailto:info@crawleycv.org)

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