

## Conclusion of Partnership of Older People's Project

As you may be aware the project, piloted by the Government to improve the quality of life for older people in Crawley by promoting their health, wellbeing and independence, is coming to an end on 30 September 2010.



Sue Edgson (Foreground) and Jane Aston

This means that the **Crawley Neighbourhood network**, funded through POPP and run by the Crawley Council for Voluntary Service (CCVS) and other voluntary sector organisations since 2008,

must also sadly **end on 30 September 2010**.

However, whilst the Crawley Neighbourhood Network will be concluding, **CCVS and the other voluntary organisations will of course, be remaining**. We are therefore looking at ways of managing the conclusion of the Network and we will be in touch again in early September with further information. We are keen to ensure that we can keep in touch with groups that we have worked with over the lifetime of the project, so that we can continue to send you information that we believe is relevant to your work and to provide a level of support if you require it. We will therefore begin the process of transferring the contact details of your group to our main database with effect

from the beginning of August. If you would not be happy with this or would like to discuss what might be involved please contact us on or phone 01293 657160.



Helen Dixey (Foreground) Lesley Talmey

In the meantime, the Crawley Neighbourhood Network will continue as usual; support from the Community Engagement Workers remains in place and the Business Development Team are keen to help with grant/ fund raising applications, business planning and governance (contact **Holly** or **Steve** on **01293 657159**).

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## Extra help in the event of a power cut

**EDF Energy Networks is calling for its most vulnerable customers to join a register which means they could benefit from extra help in the event of a power cut.**

The energy company runs a Priority Services Register. This currently includes more than 60,000 customers who rely on electricity to power essential medical equipment, or for whom being without power causes a significant health issue.

EDF Energy Networks would like to hear from more customers in the areas where it owns and runs the electricity network (the East of England, South East and London) who think they are eligible.

The register is part of a wide range of customer service initiatives provided by the company. If your name is on the register it doesn't mean that power can be restored

to your home or business more quickly, but it does mean that EDF Energy Networks knows about your individual needs and can offer extra help. This could include a visit from British Red Cross volunteers who work in partnership with the energy company to offer practical and emotional support during unusually lengthy interruptions to power. The company can also provide other support such as hot meals or heaters on occasion.

EDF Energy Networks Head of Customer Services Tony Gray said: *"We strive to provide a safe and reliable electricity supply but however hard we try, power interruptions will still happen for a variety of reasons. For example severe weather or builders damaging underground cables can cause faults beyond our control. When*

*that happens, we know how difficult it is for everybody but it is especially worrying for people who are reliant on electricity for medical equipment or who have other special needs. Our Priority Services Register can be a lifeline for people when they most need it. We want to hear from people who think they should be on this register, or who know somebody else who should be."*

For an application form to be on the register, or suggest somebody who should be considered, please:

- Telephone 0800 169 9970 or email [psr@edfenergy.com](mailto:psr@edfenergy.com) and leave your details
- Write to Priority Service Customer Team, EDF Energy Networks, Fore Hamlet, Ipswich, Suffolk IP3 8AQ
- Download a form at [www.edfenergy.com](http://www.edfenergy.com)

## Are you looking for a new interest?

**Crawley Town Bowls Club**  
Cherry Lane, Langley Green  
Call **01293 512550** for more information

**Arts and Craft** classes held at Brunswick Court, Furnace Green  
1<sup>st</sup> Tuesday of every month  
10am to 12pm £2.00 per session.

Contact **Christel Malham** on **07827 951946** for more information

**Ladies Healthy Walk** on Thursday mornings starting at 10am at K2. The walk is a level 1 and is ideal for beginners and lasts one hour. No booking necessary.

## 4Sight Ken Day Club

This friendly Club welcomes new members.

The club meets on the 1<sup>st</sup> Friday of the month at the Friary Hall, Haslett Avenue West, Crawley, (near the Bus Station) from 11am to 1pm.

There are savoury snacks and cakes as

well as games, speakers and support for those with sight loss. We help each other!

The cost is £1.50 per meeting. For more information please phone **Jane Aston** on **07827 951965** or the 4SIGHT Office on **01293 657090**.

To find out further information about **4Sight** and the services they provide visit [www.4sightsussex.co.uk](http://www.4sightsussex.co.uk) or telephone their office on **01243 828555**

Email: [enquiries@4sightsussex.co.uk](mailto:enquiries@4sightsussex.co.uk)

## Volunteering Opportunities

**Cinema club assistants** – Do you enjoy watching films and perhaps interested in helping out with cinema clubs being set up in sheltered housing lounges, church halls and elsewhere?

Cinema Clubs are held on weekdays and volunteers can either attend once a month or once a fortnight depending on preferred their venue. Must be car drivers and able to take equipment to venues, to set up and then provide refreshments halfway through for the attending group.

**Volunteer drivers** - to take out a group to an 'Out to Lunch' club, once a month from 11.30am - 2.45pm. You will be asked to drive to a destination within 10-15 miles radius from the Silverbirch Day Centre.

**Volunteer escort** - to escort the driver and help individuals on and off the bus on the monthly 'Out to Lunch' clubs.

**Arts & crafts volunteer** – Are you able to run or assist running arts & crafts sessions at various venues, either once a week or once a

month depending on your preferred venue? Sessions have previously included card-making, drawing, painting, clay modeling, calligraphy and other crafts.

If you interested in getting involved for an hour or so and would like further details, please contact **Christel Malham**, Age UK's Community Outreach Worker on **01293 544144**.

### Volunteering at

Cinema Club / Assistant Driver / Arts & Crafts Call Christel on

**01293 544144**

## Older Peoples' Forum Information Day

**A message from Chair, Jim Piercey** ... The day, which was gloriously sunny, was well attended by some 150+ people turning up between 10am and 2pm.

Speaking with a number of visitors and exhibitors I received favourable feedback. The feeling conveyed was that the day was very useful and worthwhile.

I would like to thank the Neighbourhood Network Team for their assistance in planning and delivering the day for us, the exhibitors who gave their time and of course the visitors who visited us at the Hawth.

The Hawth must be commended for their organisation and provision of refreshments on the day allowing the Network staff to concentrate their efforts on ensuring that the delegates were looked after.

I would like to thank Community Transport who again ensured that delegates were collected from home and returned safely after the event.

*Jim Piercey, Chair of the Older Persons' Forum & Vice Chair of Crawley Council for Voluntary Services*



The driving force behind this project are a group of volunteers who have broadcasting experience, including with Hospital Radio Crawley. Crawley CVS and Rethink West Sussex are actively supporting the project.

It is projected, subject to funding and other support, that an initial limited period broadcast licence (RSL) should be applied for from OFCOM, to permit broadcasting for one month, either at Christmas 2010 or in Spring 2011.

It is likely (looking at the experiences of comparable community radio start-ups) that it will be necessary to apply for and operate two or three of periods of operation under short-term broadcast licences, prior to seeking a full broadcast licence from OFCOM.

At present the group are holding a series of community engagement meetings with the intention of gathering practical support and expressions of interest, so that when licences are applied for, and funding is sought, proven interest and need can be evidenced.

It is planned that the next engagement meeting will be held in Crawley during July – date and venue will be confirmed nearer the time.

**Crawley  
Community  
Radio -  
a project  
being run by  
the people for  
the people.**

Crawley  
horticultural  
Society ...  
recruiting new  
members

## Crawley Horticultural Society

The **Crawley Horticultural Society** based in Ifield Avenue, West Green is looking to recruit more members to its various groups that meet up on a monthly basis.

**Cottage Garden** Group meets on the first Wednesday of the month from 8pm-9.30pm.

### Other meetings include:

**Alpine** group (third Monday),  
**Bonsai** group (third Thursday),  
**Cactus** group (first Monday),  
**Fruit & Vegetable** group (second Monday),  
**Fuchsia & Pelargonium** group (third Wednesday)  
**Orchid** group (third Sunday)  
**Bridge group** that meets every Monday afternoon from 1.30pm and on Friday evenings from 7.15pm.

Membership costs £4 for 1 year or £14 for 4 years and non-members are welcome to attend one free meeting. Membership also includes a reduction on gardening materials in the society's shop.

The CHS shop is open on Saturdays, 9am-12 noon and Wednesdays, 6.30pm-8.00pm and those who are interested can meet with the society's representatives on Thursday mornings from 10am.

For further information please contact **Chrissie Smith**, the Society's Secretary, on **01293 539221**, email [groovygranny572002@yahoo.co.uk](mailto:groovygranny572002@yahoo.co.uk) or visit their website [www.crawleyhorticulturalsociety.org.uk](http://www.crawleyhorticulturalsociety.org.uk)

## Winter Wellbeing

### Notification of a forthcoming event, date & Venue to be confirmed shortly)

designed to assist older people to cope with the winter months safely, securely and healthily. The event will be held in a central

location in Crawley and will bring together organisations that can advise on health, safety and financial matters.

The format of the event will allow visitors to talk with organisations,

attend information sessions and network.

If you wish to exhibit at this event please email [patricia.swain@crawleycvs.org](mailto:patricia.swain@crawleycvs.org)

## Crawley Neighbourhood Network aims to:

- Promote the health, wellbeing and independence of older people
- Reduce the need for 'higher-level' statutory services
- Prevent unplanned acute hospital admissions and delay admissions to residential care
- Enable people to live in their own homes with choice and control over how they live their lives.

To achieve these aims, Crawley Neighbourhood Network working together with local groups to develop the following:

Befriending services - Home from Hospital service - Community Transport scheme - Services to offer care for people suffering from Dementia - Services to help older people with gardening and shopping - Opportunities for older people to socialise and interact with each other - Awareness among older people with regard to crime prevention.

The Orchard  
1-2 Gleneagles Court  
Brighton Road  
Crawley RH10 6AD  
Phone: 01293 657160

A project of CCVS  
Charity Number: 1094699  
Company Number: 4488714



## Diary Dates

### July 2010

**6<sup>th</sup> 13<sup>th</sup> 20<sup>th</sup> 27<sup>th</sup>**  
**Creative Dance** at Friary Hall, Haslett Avenue  
11.30am to 12.15pm  
Tel: 01293 585317

**26<sup>th</sup> Crawley Older Persons Forum** at The Orchard, Brighton Rd  
10am-12pm.  
Tel: 01293 585317

**29<sup>th</sup> Line dancing with Swallows Over 50's** at Broadfield Community Centre. Last Thursday every month. 2pm to 4.30pm.

### August 2010

**3<sup>rd</sup> 10<sup>th</sup> 17<sup>th</sup> 24<sup>th</sup> 31<sup>st</sup>**  
**Creative Dance** at Friary Hall, Haslett Avenue  
11.30am to 12.15pm  
Tel: 01293 585317

**26<sup>th</sup> Line dancing with Swallows Over 50's** at Broadfield Community Centre. Last Thursday every month. 2pm to 4.30pm.